

3月		競泳				水球
		ML (男)	ML (女)	SP	ST	
1	月	OFF				OFF
2	火	12:00~13:30		10:30~12:00	13:30~15:00	9:00~10:30
3	水	12:00~13:30		10:30~12:00	13:30~15:00	9:00~10:30
4	木	12:00~13:30		10:30~12:00	13:30~15:00	9:00~10:30
5	金	11:30~13:00		10:00~11:30	13:00~14:30	OFF
6	土	12:00~13:30		10:30~12:00	13:30~15:00	9:00~10:30
7	日	OFF				9:00~10:30
8	月	10:00~12:00		14:00~16:00	12:00~14:00	8:00~10:00
9	火	9:00~11:00		13:00~15:00	11:00~13:00	OFF
10	水	10:00~12:00		14:00~16:00	12:00~14:00	8:00~10:00
11	木	10:00~12:00		14:00~16:00	12:00~14:00	8:00~10:00
12	金	10:00~12:00		14:00~16:00	12:00~14:00	8:00~10:00
13	土	9:00~11:00		13:00~15:00	11:00~13:00	OFF
14	日	OFF				9:00~11:00
15	月	14:00~16:00		12:00~14:00	10:00~12:00	8:00~10:00
16	火	14:00~16:00		12:00~14:00	10:00~12:00	8:00~10:00
17	水	13:00~15:00		11:00~13:00	9:00~11:00	OFF
18	木	14:00~16:00		12:00~14:00	10:00~12:00	8:00~10:00
19	金	14:00~16:00		12:00~14:00	10:00~12:00	8:00~10:00
20	土	14:00~16:00		12:00~14:00	10:00~12:00	8:00~10:00
21	日	OFF				OFF
22	月	12:00~14:00		10:00~12:00	14:00~16:00	8:00~10:00
23	火	12:00~14:00		10:00~12:00	14:00~16:00	8:00~10:00
24	水	12:00~14:00		10:00~12:00	14:00~16:00	8:00~10:00
25	木	11:00~13:00		9:00~11:00	13:00~15:00	OFF
26	金	12:00~14:00		10:00~12:00	14:00~16:00	8:00~10:00
27	土	12:00~14:00		10:00~12:00	14:00~16:00	8:00~10:00
28	日	OFF				OFF
29	月	9:00~11:00		13:00~15:00	11:00~13:00	OFF
30	火	10:00~12:00		14:00~16:00	12:00~14:00	8:00~10:00
31	水	10:00~12:00		14:00~16:00	12:00~14:00	8:00~10:00